LEARNING FROM EACH OTHER

René Keet, Antwerpen
3 mei 2018
OUTREACH, CRISIS AND OTHER TEAMS

INTEGRATED CARE:
COMMUNITY MENTAL HEALTH CARE

- SPEC OUTPATIENT CLINIC
- ACT
- FLEXIBLE ACT
- SHELTERED HOUSING
- CRHT
- IHT
- CRISIS TEAM
- REHAB
- DUAL DIAGNOSIS TEAMS
- ACTIVITY CENTERS
SIX PERSPECTIVES

1. ETHICS
2. PUBLIC HEALTH
3. RECOVERY
4. EFFECTIVENESS
5. NETWORK
6. PEER EXPERTISE
Asylums

Essays on the social situation of mental patients and other inmates

ERVING GOFFMAN

with a new introduction by William B. Helmreich
HUMAN RIGHTS

UN GENERAL ASSEMBLY 2007

- Live and Participate in the Community
- Right to Education
- Right to Health
- Right to Employment and Social Protection

CONVENTION on the RIGHTS of PERSONS with DISABILITIES
3. RECOVERY

BUILDING ON PERSONAL GOALS AND STRENGTHS
YOUR RECOVERY JOURNEY
RECOVERY

SYMPTOMS

FUNCTIONING

IDENTITY
4. EFFECTIVENESS

INTERVENTIONS BASED UPON NEEDS
EFFECTIVE INTERVENTIONS: RECOMMENDED

PSYCHOPHARMACOLOGY
COGNITIVE BEHAVIORAL THERAPY
MOTIVATIONAL INTERVIEWING
E-HEALTH, M-HEALTH: E-COMMUNITY
IPS/ HOUSING FIRST
5. NETWORK

A WIDE NETWORK OF SERVICES AND RESOURCES
NETWORK

SELF-HELP

RESOURCE GROUP

PERSON

COMMUNITY SERVICES

MENTAL HEALTH CARE
6. PEER EXPERTISE

PATIENT IS COCREATOR OF CARE
PATIENT IS COCREATOR

INDIVIDUAL LEVEL
- TREATMENT, SHARED DECISION MAKING

SYSTEM LEVEL
- TEAM

POLICY LEVEL
- SERVICE, GOVERNMENT
<table>
<thead>
<tr>
<th>PERSPECTIVES</th>
<th>WHAT HAVE WE ACHIEVED?</th>
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</thead>
<tbody>
<tr>
<td>ETHICS</td>
<td>Little: limited life expectancy/ competitive jobs/ participation community life</td>
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<tr>
<td>PUBLIC HEALTH</td>
<td>Little, Insufficient focus, underestimation of importance</td>
</tr>
<tr>
<td>RECOVERY</td>
<td>Hope: Paradigm shift, risk of window dressing</td>
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<tr>
<td>EFFECTIVENESS</td>
<td>Hope: Start of paradigm shift in research, risk of divided camps</td>
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<tr>
<td>NETWORK</td>
<td>A lot: models for organisation of community mental health care (F-ACT, CRHT, EIS, Resource groups, DD), Little: connection beyond MHC</td>
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<tr>
<td>PEER EXPERTISE</td>
<td>Hope: Third domain of expertise, few peer experts, even less other open professionals</td>
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WE HAVE A LONG JOURNEY OF HOPE TO GO
NEXT STEP: EXCHANGE AND EVALUATION
Do you want to be added here as well?
THANK YOU FOR YOUR ATTENTION!

FIT-ACADEMY
Mental Health Network and Training programs

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www.eucoms.net